



# Adelaide Hebrew Congregation News

Volume 12 Issue 2

December 9, 2011

## Shabbat Details

- Friday night service 6.30pm
- Saturday morning service 9:15am followed by Kiddush
- Times for Shabbat:  
LC 8:02 PM  
ends 9:05 PM

## Inside this issue:

Special Thanks	I
Chanukah Candles	I
Chanukah Communal Picnic	I
Chanukah Minyan	I
Rosh Chodesh Chanukah	I
New Year AHC	I
Office closure dates	I
Refuah Shlemah	I
New Office Hours	I
Yahrzeits	I
Parashat Vayishlach	2

## Notices

- Rabbi and Shiri Friedler would like to **sincerely thank** Rob and Miriam Millingen, Guy and Margaret Benveniste and Dr. Ivan and Barby Krell who donated 12 beautiful new chairs for their dining table at the Rabbi's house. It is very much appreciated!
- **Chanukah Candles are available from the AHC Shul shop.**
- **Chanukah communal picnic**– Wednesday 21 December Tusmore Park 6:00-8:00 pm Children's activity, BYO , and Candle Lighting.
- **Chanukah Minyanim**- first night Tuesday 20 December 7:00pm Mincha - Ma'ariv and candle lighting + Sufganiot.
- **Rosh Chodesh and Chanukah** Monday 26 December 7:00am .
- **AHC Office closure dates for New Year Period:** from **26/12/11** till **15/01/12**
- **Refuah Shlemah**– Nina Hassan , Tamar Kempf, Janette Ailion, Rene Hassan, Rosy Costi . If you know of anyone who is unwell, please contact the Rabbi or the office.

**New AHC office hours**  
**Monday & Friday 9:00AM-3:00PM**  
**Tuesday 12:30PM-4:30PM**  
**Wednesday 9:00AM-1:00PM**

## Yahrzeits:

### We wish the following members long life on their Yahrzeit:

- Mrs. Anne Frances Bayer for mother Ludwika Lind
- Mr. Moshe Frishling for mother Haya-Tcivia Frishling
- Mr. Moshe Frishling for father Haem-Volf Frishling
- Mr. Moshe Frishling for brother Lazar Frishling
- Mr. Alfred Hassan for father Solly Hassan
- Mr. Maurice Nahmad for brother Solomon Nahmad
- Mrs. Miriam Rachel Zimmet for grand-mother Faiga Krzepicki
- Mrs. Miriam Rachel Zimmet for great-aunt Laya Krzepicki
- Mrs. Miriam Rachel Zimmet for great-aunt Ruchel Krzepicki
- Mrs. Miriam Rachel Zimmet for grand-father Abram Krzepicki



## Parasha Vayishlach

### Thoughts of the week: TRUST G-D OR TRUST YOURSELF?

In this week's Parasha, Jacob is preparing himself for the meeting with his brother Eisav.

Rashi explains that Jacob prepared himself in three ways:

By a tribute- "So the tribute passed on before him" (Genesis 32,22)

By praying to G-d -" Then Jacob said G-d of my father Abraham and G-d of my father Isaac..."(32, 1)

By preparing to war: "for he said if Eisav comes to the one camp and strikes it down, then the remaining camp shall survive"(32,9)

**The sages questioned about Jacob's ways-** was it appropriate to make so many arrangements instead of trust G-d, especially after G-d promised him specifically that He is going to protect him before he left Eretz Yisrael?: "Behold I am with you, I will guard you wherever you go, and I will return you to this soil..."(28,15) The interesting thing is that according to the verses, there is no criticism on Jacob's ways as a person should not rely on miracles and must do everything he can by himself. **But still we see something different in two of his preparations:** after Jacob finished his prayer to G-d, the Torah mentioned that Jacob went to sleep: "He spent the night there" (32,14). The same phrase is mentioned after Jacob passed the tribute before him: "While he spent the night in the camp"(32,22).

**The Torah on purpose emphasized that Jacob went to sleep in the camp-** to show that his preparations were finished now, he trust G-d, and can go to sleep peacefully. But suddenly something strange is happening: "But he got up that night and took his two wives...and crossed the ford of Jabbok" (32,24) - Jacob woke up in the middle of the night, and took all his family to the other side of the river. **Jacob is afraid! After all his good preparations-** Jacob went to sleep with trust that G-d will be with him. But now Jacob is afraid and he cannot sleep, and now he makes one more preparation- taking all the family in the middle of the night to the other side of the river-**But in the eyes of G-d it is too much.** Now Jacob finds himself alone: "Jacob was left alone and a man wrestled with him until the break of dawn" (32,36).

**This wrestling with the man,** who was Eisav's angel, teaches Jacob that there is no reason to be afraid. Jacob overcome the man, and even can demand the angel to bless him: "No longer will it be said that your name is Jacob, but Israel, for you have striven with the Divine and with man and have overcome"(32, 29).If you have the ability to fight with an angel and overcome him, then of course you can overcome a man, your brother Eisav. **Because of Jacob's weakness in the middle of the night-** instead of sleeping, and trust G-d like in the other preparations- The man, Eisav's angel, succeeded to strike the socket of Jacob's hip, and dislocate it. "Therefore the Children of Israel are not to eat the displaced sinew on the hip-socket to this day, because he struck Jacob's hip-socket on the displaced sinew"(32,33). **The Children of Israel must remember from that day and on:** After one did all the reasonable preparations he can, he should trust G-d, that He will help him.

**One should trust himself and make all his preparations-** but one also has to remember that Hashem is the one to decide, and we must trust G-d's ways.

Shabbat Shalom,  
Rabbi Netanel Friedler

Address:  
13 Flemington St  
Glenside, SA 5065  
PO Box 320  
Glenside SA 5065

Phone: (08) 8338 2922

Fax: (08) 8379 0142

E-mail:

office@adelaidehebrew.com

We're on the web!  
[www.adelaidehebrew.com](http://www.adelaidehebrew.com)

**Adelaide  
Hebrew  
Congregation  
Inc.**