



Adelaide Hebrew Congregation News

Volume 10, Issue 3

October 21 2010

Shabbat Details

- Friday night service
6.30pm
- Saturday morning
service 9am
followed by kiddush
- Times for Shabbat:
LC 7.18pm,
ends 8.17pm

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Notices

- The **Induction of Rabbi Friedler** will occur on Sunday 14 November from 2-4 pm. Please keep this date free, it would be great to have everyone in our kehilla there ! Following his induction, there will be a cocktail reception to honour Rabbi Friedler. Please see the invitation that follows this newsletter. We would love to see everyone, please note the RSVP date in order that we may cater appropriately.



- We wish **Refuah Sheleimah** to Ivor Lee, Maurice Nachmad, Martha Rejtoa and Kitty Anderson, who are all unwell. We hope you are better and back with us soon.
- If you know of any **sick people** who wish for a prayer or visit please contact the office or the Rabbi.
- A Big **Shekoich** to Allen Bollafi for his beautiful Haftorah reading. May you be blessed with many more years of Torah reading!
- **Thanks** to Masha for the beautiful Kiddushim over the past 2 weeks.

Yahrzeits

We wish the following members a long life on their Yahrzeits:

MR RONALD AXELRAD for father ISIDORE AXELRAD

MR MARK COHEN for father ZVI COHEN



Thoughts for the week – Bikur Cholim (visiting the sick)

“Hashem appeared to him in the plains of Mamre while he was sitting at the entrance of the tent in the heat of the day.” (Bereshit 18,1).

Avraham was commanded to undergo a Brit Mila (circumcision), and at the age of 99 he fulfilled this Mizvah. Suddenly, 3 days after the circumcision, G-d appeared to him. The Torah does not tell us the purpose of this appearance of G-d.

Rashi quotes the *Talmud in Bava Metzia 86b*, which introduces a beautiful idea, that G-d did not want to tell Avraham Avinu anything special; G-d merely wanted to visit Avraham and to ask him how he feels on the third day after the Brit, on the day when it is most painful.

“He lifted his eyes and saw: And behold! Three men were standing over him.”

Rashi says, that it was three angels who came to see Avraham. One to tell Sarah she is going to have a son, the second one to destroy Sodom, and the last one to heal Avraham.

But if G-d had already visited him, He would have cured him already. Why did G-d send an angel to do the job?

The answer is, that G-d wants to teach us that we don't have to be Doctors in order to visit a sick person. The purpose of the visit to a sick person is to cheer him up, and to help him with many other things.

Unfortunately in our ageing community there are many people who need our support and visits.

If you know of someone who needs a visit or a phone call please inform the office or me, so we will all share the important Mitzvah of *Bikur Cholim*.

Shabbat Shalom,

Rabbi Netanel Friedler

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